

Career of the Week : CARE WORKER

Top Related Jobs:
 Social Worker, Children's Nurse, Healthcare Assistant

Overview

Care workers offer support with everyday tasks to people who may be elderly, ill, have any disabilities, or any emotional or social problems.

What would I do?

- Helping people with personal care such as dressing, washing, using the toilet and feeding
- Doing a person's housework, laundry or shopping
- Helping people to face difficulties by providing motivation, power and resources
- Building a person's confidence and helping them to develop the skills needed to move their lives forward
- Taking people on outings or to appointments
- Supporting a person's family



Most people enter this line of work by doing some **volunteering** work . You could also enter this role through an **Apprenticeship** course. Those working in community, support or outreach roles may need at least **one year of experience** working in a social care setting. For certain roles, entrants need to be over 18 years of age, but it is possible to work in some areas of social work at the age of 16, if supervised.

UK Average Salary
 £20,000

Starting Salary
 £15,000

Key Skills Required:

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|----------------------|---------------|
| Decision Making | Kind |
| Caring and sensitive | Committed |
| Interpersonal | Communication |
| Managing Risk | |

Top Tips!

There are things you can do to improve your chances of success when applying for this position.

- It may be an advantage to gain an emergency first aid qualification
- Try to get a relevant work experience placement, or gain experience of caring for an elderly or disabled relative
- Gain valuable experience and show a willingness to learn by volunteering

Qualifications...there are no set entry qualifications but you may be asked for GCSEs in English/Maths. Ideally you should study Health & Social Care at GCSE/A level