

Health and Social Care Curriculum Map

	Year 10	Year 11
Autumn 1	<u>SoW: Component One</u> Content: • Main life stages • Areas of growth and development • Physical development • Intellectual development • Language development • Emotional development • Social development • Factors affecting growth and development • Physical ill health and disabilities • Lifestyle • Emotional and social factors • Cultural factors • Environmental factors • Economic factors • Life events • Physical and mental illness • Relationship changes • Life circumstances • Coping with change • Informal support • Voluntary sources of support • Voluntary sources of support • Professional support • Multi-agency and multidisciplinary working • Types of support Outcomes: • Understand human growth and development across life stages and the factors that affect it. • Understand how individuals deal with life events.	<u>SoW: Component Two Continued</u> Content: • Health conditions: Type 2 diabetes and arthritis, Coronary Heart Disease and dementia, cerebral vascular accident and obesity, asthma and chronic obstructive pulmonary disease, additional needs • Primary care • Secondary and tertiary care • Allied health professionals • Services for children and young people • Services for adults or children with specific needs • Services for older adults • Informal social care • Barriers to accessing services • Sensory barriers • Social, cultural and psychological barriers • Language barriers • Geographical barriers • Barriers to people with learning disabilities • Financial barriers • Skills in health and social care • Attributes in health and social care • Values in health and social care • Obstacles that individuals requiring care may face • Benefits to individuals of the skills, attributes and values in health and social care practice Outcomes: • Understand the different types of health and social care services and barriers to accessing them. • Understand the skills, attributes and values required to give care.
Autumn 2		

Spring 3

SoW: Component Three

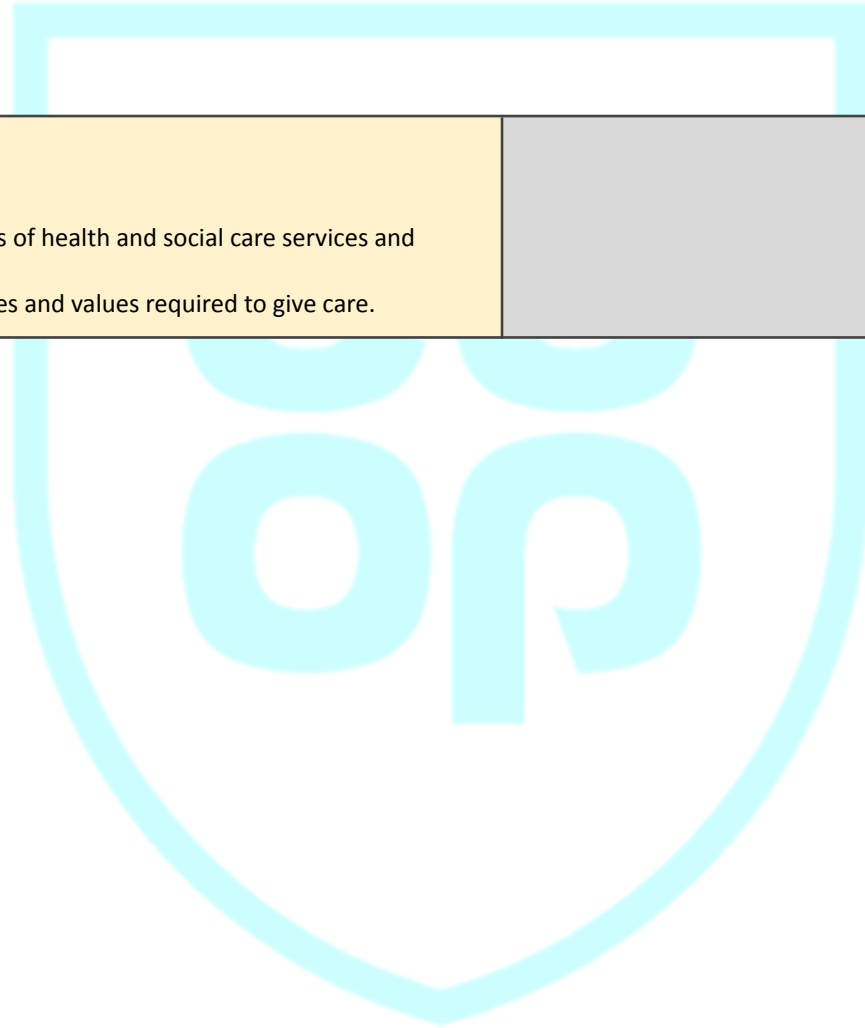
Content:

- Definition of health and wellbeing
- Physical factors: inherited conditions, physical ill health, mental ill health, physical abilities and sensory impairments
- Lifestyle factors: nutrition, physical activity, smoking, alcohol and substance misuse
- Social factors: relationships and social inclusion and exclusion, bullying and discrimination
- Cultural factors: religion and community participation, gender roles and expectations, gender identity and sexual orientation
- Economic factors: employment situation and financial resources, housing and home environment, exposure to pollution
- The impact of life events: physical events and relationship changes, life circumstances
- Health indicators
- Resting heart rate and recovery after exercise
- Blood pressure
- Body mass index
- Using published guidelines to interpret health indicators
- Potential significance of abnormal readings
- Interpretation of data on: nutrition, physical activity, smoking, alcohol and substance misuse
- Person centred approaches to improving health and wellbeing
- The importance and benefits of a person centred approach
- Recommendations and actions to improve health and wellbeing
- Support available when following recommendations to improve health and wellbeing
- Physical and sensory impairment barriers
- Social, cultural, language and speech impairment barriers
- Geographical, resource and financial barriers
- Obstacles: emotional, psychological, time constraints, availability of resources, unachievable targets, lack of support

Outcomes:

- Understand factors that affect health and wellbeing.
- Interpret health indicators.
- Understand person centred approaches to improving health and

Spring 4		wellbeing.
Summer 5	<u>SoW: Component Two</u> Content: • Health conditions: Type 2 diabetes and arthritis, Coronary Heart Disease and dementia, cerebral vascular accident and obesity, asthma and chronic obstructive pulmonary disease, additional needs • Primary care • Secondary and tertiary care • Allied health professionals • Services for children and young people • Services for adults or children with specific needs • Services for older adults • Informal social care • Barriers to accessing services • Sensory barriers • Social, cultural and psychological barriers • Language barriers • Geographical barriers • Barriers to people with learning disabilities • Financial barriers • Skills in health and social care • Attributes in health and social care • Values in health and social care • Obstacles that individuals requiring care may face • Benefits to individuals of the skills, attributes and values in health and social care practice	
Summer 6		<u>SoW: N/A</u>



Outcomes:

- Understand the different types of health and social care services and barriers to accessing them.
- Understand the skills, attributes and values required to give care.